



Life

Unit 1 Food

Unit 2 Pets

Unit 3 Camping

Unit 4 Travel

Unit 1

Food



Before You Read

Pre-reading Questions

1. Do you know what you should or shouldn't do at a traditional Chinese dinner?
2. Do you think there is a connection between one's lifestyle and the food they eat?
3. What do you think the oldest people on Earth usually ate?

Vocabulary Preview

A 다음 영영풀이에 해당하는 단어를 보기에서 골라 쓰시오.

〈보기〉	guest	elder	serve	practice	funeral
	nomad	store	grain	lifestyle	related

1. _____ : **n.** the way a person lives or a group of people live
2. _____ : **n.** a member of a group of people who move according to the seasons
3. _____ : **v.** to give someone food or drink
4. _____ : **n.** someone who is older than you in your family or community
5. _____ : **n.** someone who is invited to a place or an event
6. _____ : **n.** the seeds of plants such as rice, wheat, and corn
7. _____ : **v.** to keep things until you need them
8. _____ : **v.** to use a particular method or custom
9. _____ : **n.** a ceremony held for a dead person
10. _____ : **a.** connected with something or someone in some way

B 다음 단어와 동의어를 알맞게 연결하십시오.

Vocabulary Word		Synonym
1. update	•	• a. obey, follow, keep
2. produce	•	• b. customary, conventional
3. convenient	•	• c. useful, handy, helpful
4. observe	•	• d. renew, revise, upgrade
5. traditional	•	• e. yield, make, create

If you're at a traditional Chinese dinner, you should practice good manners. That's because Chinese culture strictly **observes** more dining rules than most other cultures do. For example, no one may sit down to eat until the guests take a seat. Furthermore, no one may begin eating before any elders eat. At Chinese meals, you should use only chopsticks for eating, and there are many rules for them. For instance, don't wave them or point them at people. Also, don't pass or serve food with them. Here's an interesting rule: never leave chopsticks standing in a bowl of rice. Chinese do this only at funerals to offer the rice to the dead person!



English Usage

- **That's because** ~: 그건 바로 ~이기 때문이다
Finally, my dream came true. **That's because** I never gave up.
- **No one** ~ **until** ... : ...할 때까지 아무도 ~않다
No one recognized me **until** I took off the mask.

1 위 글의 제목으로 가장 알맞은 것은?

- ① Chinese Funeral Practices
- ② The Use of Chopsticks in Different Cultures
- ③ Table Manners in China
- ④ How to Eat Food with Chopsticks

2 위 글의 내용과 일치하지 않는 것은?

- ① 중국에서는 식사할 때 손님이 가장 먼저 자리에 앉는다.
- ② 중국에서는 연장자가 먼저 식사를 시작한 후에 식사를 해야 한다.
- ③ 중국인들은 음식을 먹을 때 젓가락만 사용한다.
- ④ 중국인들은 식사할 때 보통 젓가락을 밥에 꽂아둔다.

3 위 글의 밑줄 친 **this**가 가리키는 말로 가장 알맞은 것은?

- ① 식사를 위해 젓가락을 사용하는 것
- ② 젓가락으로 사람들을 가리키는 것
- ③ 밥그릇에 젓가락을 세워놓는 것
- ④ 죽은 사람에게 밥을 바치는 것

4 위 글의 **observes** 와 의미가 가장 비슷한 것은?

- ① watches
- ② keeps
- ③ notices
- ④ orders



Visualize the Text

위 글의 내용과 일치하도록 빈칸에 알맞은 말을 쓰시오.

Chinese Table Manners
• Don't sit down to eat until the (1) _____ take a seat.
• Don't begin eating before any (2) _____ eat.
• Don't (3) _____ chopsticks or point them at people.
• Don't pass or serve food with (4) _____.
• Never leave chopsticks (5) _____ in a bowl of rice.

Hey, everyone. Sorry I haven't updated my blog in a while. Anyway, I was reading about different cultures and learned that lifestyles and foods are related. The oldest groups of people on Earth lived as nomads. They were hunters at first and then began



moving their animals to different grassland. These people had to kill and cook animals every day. Later on, as people began growing their own food, they could produce large amounts for the winter. These farmers stored lots of grains and vegetables. _____, they didn't have to move around anymore. How about these days? Most people are so busy that they don't have time to cook. They just buy quick and convenient fast food.



English Usage

- **so + 형용사[부사] + that 주어 + can't ... [= too + 형용사[부사] to ...]** : 너무 ~해서 ...할 수 없다

I am **so** tired **that** I **can't** go shopping with you.

= I am **too** tired **to** go shopping with you.

1 위 글의 요지로 가장 알맞은 것은?

- ① 유목민은 음식을 다르게 준비했다.
- ② 사람들은 대부분의 음식을 저장해야 한다.
- ③ 생활 방식과 음식 사이에는 관련이 있다.
- ④ 사람들은 바쁘기 때문에 건강에 좋지 않은 음식을 먹는다.

2 위 글의 내용과 일치하지 않는 것은?

- ① 유목민들은 주로 고기를 먹었다.
- ② 농부들은 동물을 기르기 위해 돌아다녔다.
- ③ 농부들은 곡물과 야채를 저장했다.
- ④ 오늘날 사람들은 너무 바빠서 요리할 시간이 없다.

3 위 글은 어디에서 볼 수 있겠는가?

- ① 음식잡지
- ② 역사책
- ③ 학교계시판
- ④ 인터넷 블로그

4 위 글의 빈칸에 들어갈 연결어로 가장 알맞은 것은?

- ① Therefore
- ② Instead
- ③ However
- ④ For example



Summarize the Text

보기에서 알맞은 말을 찾아 요약문을 완성하시오.

〈보기〉	grew their own food	moved with their animals	enjoy cooking
	stored grains and vegetables	lived in the same area	don't have time to cook

The oldest people on Earth were nomads. They (1)_____ from place to place. Later on, people (2)_____. They didn't have to move around anymore. That's because they (3)_____. Today most people are so busy that they (4)_____. They just buy convenient fast food.