



# ELF Book 12 Unit Test (Unit 1)

Date:

Class:

Student Name:

1. Choose the correct word for the blank.



Please \_\_\_\_\_ the volume of the music! It's too loud!

① grow

② lower

③ build

2. Choose the word which means the same as the underlined part.

A dog is a helpful animal to a man.

① colorful

② wonderful

③ careful

④ useful

3. Put pieces together and write the complete word in the blank.

th

die

nach

t

spi

grow

You should put more healthy foods in your \_\_\_\_\_.

4. Circle the correct one.

(1) A carrot (have, has) lots of vitamins.

(2) A notebook and a pen (is, are) on the table.

5. Look at the underlined parts. Choose the one that is NOT correct.

① Fresh fruits are good for our health.

② His name are Peter.

③ The girl look through the Internet.

④ Susan and Jerry wants to eat a lot of cheese.

[6~7] Read and choose the best answer.

Peter: I can't eat any more of this food!

Susan: Why? What's the problem?

Peter: This food has too many tomatoes. I don't like tomatoes!

Susan: Usually, bright red foods are good for your heart. You should eat them.

Peter: Well, I'll think about it.

Susan: Hey, one more thing. I know you never eat carrots. But they're good for your eyes and skin! Maybe they can be helpful for your skin problems.

Peter: Really? I never knew that. I'll try to eat them from now on.

6. Why does not Peter like the food?

- ① It looks too red.
- ② It tastes bad.
- ③ There are too many tomatoes in it.
- ④ It is not good for his heart.

7. Choose two explanations about carrots.

- ① They are good for your eyes.
- ② They are bright red.
- ③ They are good for your skin.
- ④ They are good for your heart.

[8~10] Read and answer each question.

Are tomatoes good for our heart? Are grapes good for our blood? Think about the food's color! Color tells you something important. First, for a healthy heart, eat bright red foods. Red beans and tomatoes are good examples. An apple is helpful for the heart, too. Yellow foods like sweet potatoes are good for your eyes. White foods lower blood pressure, and a banana is a good example. Eat purple foods like grapes, too, for healthy blood. Finally, dark green vegetables like spinach make strong bones and teeth. They help children's growth.

8. What is the main idea of the reading?

- ① Red foods are good for our heart.
- ② Food color tells about food.
- ③ Bright foods are better than dark foods.
- ④ There are many colorful foods.

9. Choose the food that is purple.

- ① tomato
- ② apple
- ③ banana
- ④ grape

10. Choose good device for Susan.

I am Susan. I'm short, and I am very weak. I want to be strong!

- ① You should eat lots of red foods.
- ② You should eat green foods like sweet potatoes.
- ③ White foods are good for your teeth.
- ④ Spinach makes strong bones and teeth. So you should eat it.